





INSIDE 40 R / INSIDE 40 R AD PLUS





SPECIFICATIONS

base code INSIDE 40 R symmetrical or asymmetrical: 64159 - INSIDE 40 R AD adjustable: 64165

typology Glare free compact trimless downlight with symmetrical or asymmetrical

(downlight 25° and wallwasher) light distribution

mounting In plasterboard using mounting frame to be installed from below the ceiling and

separately ordered. In wood or composite material using mounting frame to be

installed from above the ceiling and separately ordered

diameter 39 mm / 1.5"

height Symmetrical: 41 mm / 1.6" (4W) - 46 mm / 1.8" (7W)

Asymmetrical: 26 mm / 1" (4W) - 31 mm / 1.2" (7W)

Adjustable: 55 mm / 2.2" (4W) - 60 mm / 2.4" (7W)

required depth Symmetrical: 50 mm / 2". Asymmetrical: 35 mm / 1.4". Adjustable: 65 mm / 2.6"

first fit requirement Mounting frame for plasterboard (code 69537).

Mounting frame for wood or composite materials (code 69375)

ceiling cut out 40 mm / 1.57"

construction Fixture and mounting frame: turning and milling aluminum. Lens: PMMA.

IP65 model: protective glass in PMMA complete with silicone gasket

finishes Powder coated. Heat sink anodized

ingress protection Symmetrical and adjustable: IP40 or IP65. North America damp or wet location.

Asymmetrical: IP30. North America dry location

lamp type LED array on printed circuit board. Remote power supply not included

lamp wattage 4W at 24V DC and 3W at 200 mA or 7W at 24V DC and 6W at 350 mA.

North America 3W at 200 mA or 6W at 350 mA. 24V DC (min / max operating voltage: 20V - 30V)

lamp lumens 4W: 330Im - 7W: 660Im

delivered lumens Symmetrical 4W: 135lm - 7W: 230lm. Asymmetrical 4W: 220lm - 7W: 340lm

lumen maintenance 50.000h L90

beam 16°, 36°, 55°, 15°x45° or asymmetrical (downlight 25° and wallwasher).

Inclination angle adjustable up to 25°

kelvin 2200K CRI90, 2700K CRI93, 3000K CRI93 or 4000K CRI93 / 3 step MacAdam

special features Protection against wrong connections - Two wires dimming.

Thanks to the design of the reflector, the luminaire is totally glare free.

The asymmetrical reflector offers longitudinal cut-off and delivers homogeneous light

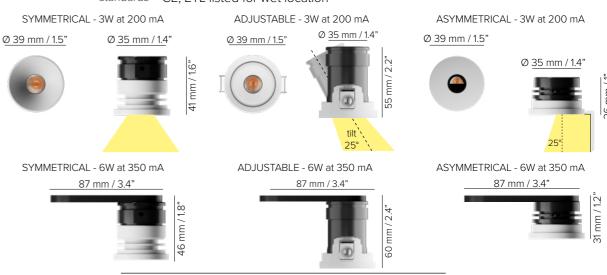
from the upper edge of the wall to the floor with no visible dark zones

dimming options Push button, potentiometer, 0-10V, DALI, DMX, KNX.

Dimming options depend on power supply and additional control units to be separately

ordered as accessories

standards CE. ETL listed for wet location



35 mm 65 mm 1.4" 2.6"

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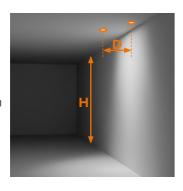


INSIDE 40 R

INSTALLATION GUIDE FOR THE ASYMMETRICAL DOWNLIGHT (DOWNLIGHT 25° AND WALLWASHER)

FOR A GOOD UNIFORMITY OF LIGHT ON THE WALL, FOLLOW THESE RULES:

The distance from the wall (D) shall be minimum H/5 and maximum H/3



The **spacing between** luminaires (S) shall be minimum the distance (D) from the wall and maximum twice the distance (D \times 2) from the wall



INSIDE 40 R

4W. 220lm delivered

TT, 220m denvered				
H 2 m 6' 6"	D _{MIN}	0,4 111	S _{MIN}	0,4 m 1' 4"
			S _{MAX}	0,8 m 2' 7"
	D _{MAX}	0,7 m	S _{MIN}	0,7 m 2' 2"
			S _{MAX}	1,3 m 4' 3"



DOT 45 4W, 220lm delivered

SEE PAGE 425



20lx 50lx 100lx 200lx

ASYMMETRICAL DOWNLIGHTS

AVAILABLE OPTIONS FOR DIFFERENT CEILING HEIGHTS



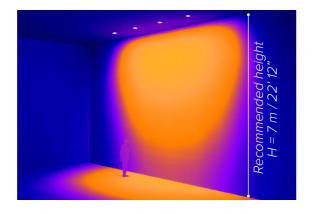
INSIDE 120 R 30W, 2440lm delivered

SEE PAGE 391



ATRIA X3 R 30W, 2440lm delivered

SEE PAGE 459



ASYMMETRICAL DOWNLIGHTS



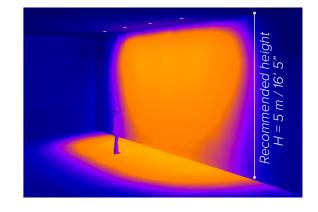
ATRIA X3 R 23W, 2025lm delivered



SEE PAGE 459



INSIDE 120 R 23W, 2025lm delivered



SEE PAGE 391



ATRIA XS R 10W, 790lm delivered



SEE PAGE 437



INSIDE 75 R 10W, 790lm delivered



SEE PAGE 381



ATRIA 60 P 6W, 570lm delivered



SEE PAGE 431



INSIDE 60 R 6W, 570lm delivered



SEE PAGE 375



DOT 30 1,5W, 40lm delivered



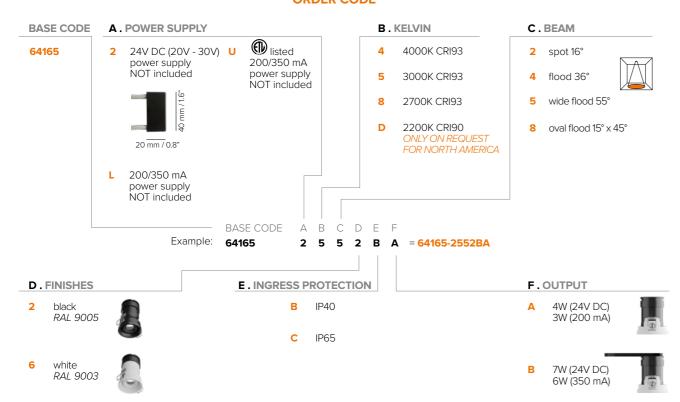


Since every project is different, use this installation guide as a starting point for your lighting design. To further test the desired effect on your project, use the **photometric files** available on B LIGHT's website.

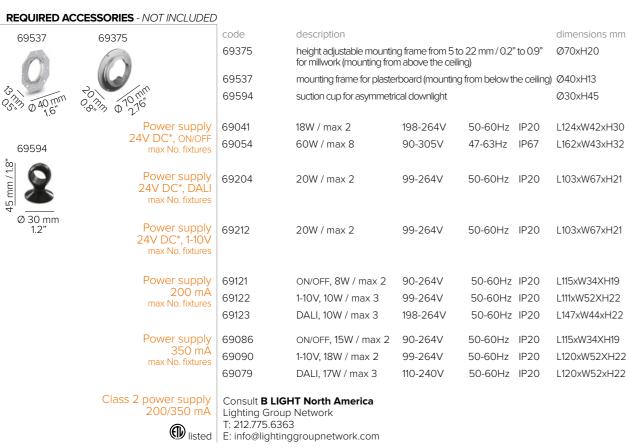
PLUS

INSIDE 40 R AD

ORDER CODE



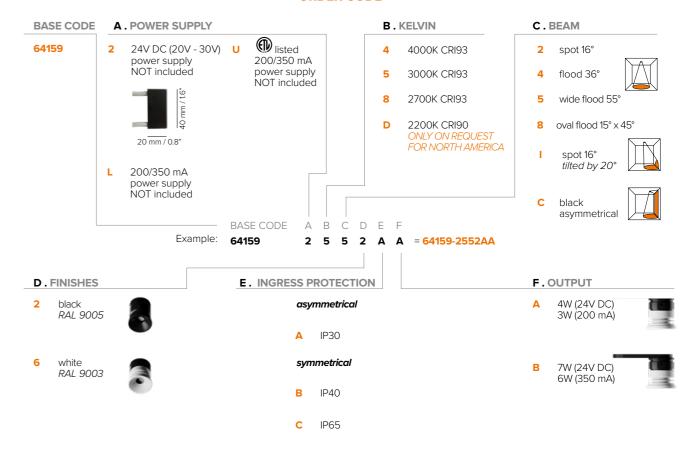
ACCESSORIES



INSIDE 40 R



ORDER CODE



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INSIDE 40 R / INSIDE 40 R AD

MOUNTING

MILLWORK

PLASTERBOARD





MOUNTING FRAME
CODE 69375
Fasten from the back
side
(READ INSTALLATION
INSTRUCTIONS)



LUMINAIRE MOUNTED FROM BELOW THE CEILING Using springs



LUMINAIRE MOUNTED FROM BELOW THE CEILING Using springs



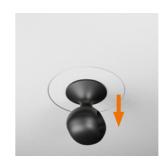
MAINTENANCE SYMMETRICAL Remove luminaire by pulling the hex key



MAINTENANCE SYMMETRICAL Remove luminaire by pulling the hex key



MAINTENANCE ASYMMETRICAL Remove luminaire by pulling the suction cup



MAINTENANCE ASYMMETRICAL Remove luminaire by pulling the suction cup



SYMMETRICAL REFLECTOR (36°)